## Pirates of the Pug

- $\succ$  Every Player on a Ball
- > Player = Sailor
- > Balls = Treasure
- ≻ 1 Pirate (no ball)
- > The Pirate must bury the treasures (into the Pugs)
- $\succ$  Sailor becomes a Pirate
- ➢ Small Touches / Head Up
- $\succ$  Last Sailor with their Treasure Wins

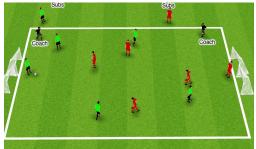


## Vancouver Uniteo F

Game. Club. Community.

## Small Sided Game

- ➢ 5v5 vs OWN Group (then vs Others)
- ➢ Look for Diamonds
- $\succ$  Ball goes out Coach puts new ball in
- $\succ$  After a goal / teams reset in own half
- $\succ$  Flow of Game takes precedent
- Subs = every 2-3 mins
- ➤ Repeat: "Spread out" / "Head Up"
- ≻ Have FUN!



FIRST KICKS WEEK 16: u8"dribbling & game play"

## Technical Support



- > Staff are "ON Field" to run activities with you
- $\succ$  Keep it Fun & Safe for ALL
- $\succ$  If the ball(s) are rolling; you're doing great!
- Your energy becomes their energy
- $\succ$  Do Not hesitate to ask Staff for help
- $\succ$  Add wrinkles that go with the Topic

